



THE CENTER FOR GROUP STUDIES

1841 Broadway, Suite 1118, New York, NY 10023

Phone (212) 246-5055 • Fax (212) 246-5058

www.groupcenter.org • info@groupcenter.org

Under the aegis of the Board of Regents, The University of the State of New York

SUMMER WORKSHOPS — 2017

Earn Continuing Education Hours

These four workshops introduce foundational concepts in working with groups and follow a modern group leadership framework. Participants may register for each singly or for all four (see registration page).

Skill Level and Target Audience for workshops: All

WW12017 The Power of Immediacy: Working in the 'here and now'. 2.5 contact hours

Groups that are primarily focused on interpersonal relationships as they present in the here-and-now are vital and exciting and offer opportunities for progressive communication. At the same time, group members often construct obstacles to connecting with each other in-the-moment. This experiential workshop addresses ways to bridge people and to resolve blocks to immediacy that emerge.

Objectives - Participants will be able to:

1. Define the concept of bridging and its relationship to immediacy.
2. Name three ways group members divert from being 'in the present'
3. Identify three techniques the leader can use to resolve blocks to immediacy

Date: Saturday, June 24, 2017

Time: 9:30 — 12:00PM

Instructor: Gail A. Brown, MA, LPsyan, CGP

Location: 154 W 70 St, #10A, New York, NY 10023

WW22017 Working with Aggression in Groups. 2.5 contact hours

Successful group work requires leaders to accept all feelings. Working with aggression, especially in groups, can test even the most seasoned group leader. In this experiential workshop, members are encouraged to explore, examine and become sensitized to issues of aggression in their groups. Interventions using appropriate techniques will be demonstrated.

Objectives - Participants will be able to:

1. Name three defenses against experiencing aggressive feelings from group members
2. Name two common defenses used by leaders against experiencing aggressive feelings towards group members
3. Study and name their internal reactions to aggressive feelings and list two appropriate interventions to deal with these aggressive situations

Date: Friday, July 7, 2017

Time: 9:30 — 12:00PM

Instructor: Greg MacColl, LCSW, FAGPA, CGP

Location: 211 W 56 Street, #5K, New York, NY 10019



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WW32017 Emotional Communication in the Group Setting. 2.5 contact hours

In order for members to achieve emotional maturity, members need to join together on a verbally intimate level. Group members naturally construct blocks or resistances toward emotional communication. This experiential workshop will demonstrate techniques used by the leader to address these blocks.

Objectives - Participants will be able to:

1. Define Emotional Communication
2. Identify two reasons for the importance of emotional communication in maturation
3. Identify two techniques to resolve blocks to communication

Date: Saturday July 15, 2017

Time: 9:30 — 12:00PM

Instructor: Sally B. Henry, MSW, LCSW, CGP

Location: 12 W 96 Street, New York, NY 10025

WW42017 What the Therapist Feels: Understanding Countertransference and Induced Feelings 2.5 contact hours

Every therapist contends with feelings, both induced by the group members as well as those originating from the therapist's own past. Understanding these sources enables therapists to develop appropriate interventions. This experiential workshop will address and demonstrate appropriate techniques for dealing with countertransference feelings. 2.5 contact hours

Objectives - Participants will be able to:

1. Describe three reasons why it is important to identify one's own feelings.
2. Define and differentiate between induced and subjective feelings
3. Identify three key ways the leaders can increase self recognition and awareness of countertransferences.

Date: Saturday, July 29, 2017

Time: 9:30 — 12:00PM

Instructor: Janet Resnick, Ph.D., LP, LMFT

Location: 20 W. 64 St, #15D, New York, NY 10023

Continuing Education

Creative Arts Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-002. Each workshop offers 2.5 CE contact hours.

Marriage and Family Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0004. Each workshop offers 2.5 contact hours.

Mental Health Counselors: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0005. Each workshop offers 2.5 CE contact hours.

Psychoanalysts: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0003. Each workshop offers 2.5 CE contact hours.

Social Workers: The Center for Group Studies SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0121. Each workshop offers 2.5 CE contact hours.

In order to receive a certificate of completion, participants must complete the entire workshop and complete all paperwork.



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REGISTRATION FORM — SUMMER WORKSHOPS 2017

Name (please print): _____ Date: _____

Address: _____ City: _____ State: _____ ZIP: _____

Primary Phone: Home Work Cell _____

Secondary Phone: Home Work Cell _____ Email _____

Professional Discipline: LCSW LMFT LCAT LP LMFT OTHER(specify) _____

License # _____ State _____

TUITION: Tuition for a single course \$ 75 New Student
Tuition for four courses \$250

Course #	Course Name	Instructor	Fee

Registration Fee - includes materials	\$ 10.00
Late Fee \$10 payable up to 7 days before workshop starts	
Total Fees Enclosed	

Full refunds are available up to **seven** days before workshop begins. Refunds are not available after classes start. In the event the Center cancels a class, students may request a full refund.

Payment Method:

MASTERCARD VISA Check to: The Center for Group Studies

Credit Card # _____ | _____ | _____ Exp. _____ Sec _____

Name (as it appears on card) _____ Signature _____

How did you hear about us? _____

Return or fax to:

The Center for Group Studies

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