



## THE CENTER FOR GROUP STUDIES

1841 Broadway, Suite 1118, New York, NY 10023

Phone (212) 246-5055 • Fax (212) 246-5058

www.groupcenter.org • info@groupcenter.org

Under the aegis of the Board of Regents, The University of the State of New York

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### THE WEEKEND TRAINING PROGRAM 2017 – 2018

*The Center for Group Studies offers a Weekend Training Program as an alternative or addition to our on-going Training Program. It began in 1990 as an offsite pilot project in group training to students from all over the world outside of New York City. The weekend program was founded and designed under the co-leadership of Dr. Alice Brown and Dr. Lena Furgeri and has expanded to include local New York students.*

*This program provides training in modern group process: an integration of traditional methods and modern techniques developed by Dr. Louis Ormont, a licensed psychologist with over 40 years of experience leading groups. Our approach is psychodynamic and interactive with particular emphasis on interventions for difficult and pre-oedipal personalities.*

#### PROGRAM OF STUDY

The three-year Training Program, culminating in a Certificate of Completion or Graduation, consists of the following four training components:

##### 1. Training Weekends

We offer three training weekends each year and a total of nine weekends are required to meet the criteria for Certification. Each weekend consists of psychodynamic process groups (experiential and didactic learning), lectures and/or workshops, a supervision group and a training group.

##### 2. Course Work \*

The curriculum consists of nine blocks of readings and combines a guided and monitored reading program with the experiential Training Weekend component. Each student is assigned a faculty advisor to work with in person, by correspondence, email, and/or by telephone. A faculty advisor is assigned to each student for a 3-block segment, approximately one year. Each student keeps an ongoing log of his/her reactions to the readings, tapes and other experiences, to which the student's faculty advisor responds.

##### 3. Supervision

Four supervision segments are required, which take place during the second and third years, after the completion of readings blocks 1 through 3. Each segment consists of six one-hour sessions with an assigned supervisor.


\* Nine blocks of readings (Each block consists of sixteen readings and may be completed in eight weeks or more.)

Block 1	The Essence of Modern Group Process
Block 2	Forming a Group
Block 3	Introduction to Group Resistances
Block 4	Transference/Countertransference Issues in Group
Block 5	Technical and Special Issues in Group Psychotherapy
Block 6	Working with Pre-oedipal Patients in Group
Block 7	Specialized Topics in Countertransference
Block 8	Working with Unconscious Material: Dreams Symbolic and Non-verbal
Block 9	Resolving Transference Resistances and Termination Issues

## LOCATION

Unless notified otherwise, all events take place at the Warwick Hotel, 65 W. 54th St., New York, NY  
*The Center for Group Studies reserves the right to add, change or otherwise amend the schedule and/or faculty without notice.*

## COURSES AND FACULTY

	<b>October 20 – 22, 2017</b> Block 8 Working with Unconscious Material	<b>January 26 – 28, 2018</b> Block 9 Resolving Transference Resistances and Termination Issues	<b>May 4 – 6, 2018</b> Block 1 The Essence of Modern Group
<b>PROCESS GROUP</b>	Gail Brown, Lucy Holmes, Janet Resnick, Elliot Zeisel	Michael Brook, Alice Brown, Sally Henry, Ellen Wright	Joseph Acosta, Michael Brook, Gail Brown, Ronnie Levine
<b>FRIDAY WORKSHOP</b>	Phyllis Cohen, Sally Henry, Greg MacColl	Phyllis Cohen, Greg MacColl, Mary Sussillo	Special Event: Women and Aggression*
<b>SATURDAY WORKSHOP</b>	Judy Charnet, David Dumais, Mary Sussillo	Aaron Black, David Dumais, Susan Frankel	Aaron Black, Greg MacColl, Mary Sussillo
<b>SUPERVISION</b>	Joseph Acosta, Martha Gunzburg George Shapiro, Rhoda Shapiro	Gail Brown, Jack Kirman, Ronnie Levine, Elliot Zeisel	Sally Henry, Nancy Kelly, George Shapiro, Rhoda Shapiro
<b>TRAINING GROUP</b>	Alice Brown, Ronnie Levine, Jan Morris	Joseph Acosta, Martha Gunzburg, Elizabeth Lanier	Alice Brown, Elizabeth Lanier, Elliot Zeisel

**\*Women and Aggression: Transference, Countertransference and Resistance in Group**

## SCHEDULE

### Friday

3:00–3:45 PM Welcome  
 4:00–6:00 PM Psychodynamic Process Group  
 6:15–8:00 PM Workshop

### Saturday

9:00–10:45 AM Workshop  
 10:45–11:00 AM Break  
 11:00–1:00 PM Psychodynamic Process Group  
 1:00–2:15 PM Lunch (on your own)  
 2:15–4:15 PM Psychodynamic Process Group  
 4:15–6:00 PM Supervision

### Sunday

8:00–10:00 AM Psychodynamic Process Group  
 10:00–11:45 AM Training Group  
 11:45–12:40 PM Student-Faculty Brunch  
 12:45–1:25 PM Student-Faculty Meeting  
 1:35–3:35 PM Psychodynamic Process Group: Weekend Summary and Conclusions

*Note: The last 15 minutes of each Process Group, Supervision, Workshop, and Training Group will be used to complete logs and evaluations and to have an opportunity to ask additional questions of the faculty leader.*

## Registration Deadlines

October Training Program — September 20, 2017

January Training Program — December 20, 2017

May Training Program — April 4, 2018

## Continuing Education

**Creative Arts Therapists:** The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-002. Each weekend training offers 17 CE contact hours.

**Marriage and Family Therapists:** The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0004. Each weekend training offers 17 CE contact hours.

**Mental Health Counselors:** The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0005. Each weekend training offers 17 CE contact hours.

**Physicians:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of The Rochester Academy of Medicine and The Center for Group Studies (CGS). The Rochester Academy of Medicine is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The Rochester Academy of Medicine designates this single live activity for a maximum of 17.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Psychoanalysts:** The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0003. Each weekend training offers 17 CE contact hours.

**Psychologists:** Each weekend program is co-sponsored by The Center for Group Studies and Ellen L. Wright, Ph.D. Dr. Wright is approved by the American Psychological Association to sponsor continuing education for Psychologists. Dr. Wright maintains responsibility for this program and its content. Each weekend training meets the requirements for 17 CE contact hours for Psychologists.

**Social Workers:** The Center for Group Studies SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0121. Each weekend training offers 17 CE contact hours.



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## REGISTRATION FORM — WEEKEND TRAINING PROGRAM

Name (please print) \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone for Roster: \_\_\_\_\_ Alt. Phn: \_\_\_\_\_ Email: \_\_\_\_\_

Professional Discipline and Degree \_\_\_\_\_ New Student

License # \_\_\_\_\_ State \_\_\_\_\_ Discipline \_\_\_\_\_

License # \_\_\_\_\_ State \_\_\_\_\_ Discipline \_\_\_\_\_

Weekend	Tuition (includes all weekend events)	Amount enclosed
October 20 – 22, 2017 (BL 8)	\$700 (Includes supervision workshop)	
January 26 – 28, 2018 (BL 9)	\$700 (Includes supervision workshop)	
May 4 – 6, 2018 (BL 1)	\$700 (Includes supervision workshop)	
Registration Fee	\$50 each weekend \$50 for all three when paid in advance	
Certificate of Completion: Check if applicable NYS:	<input type="checkbox"/> CGS <input type="checkbox"/> APA <input type="checkbox"/> CME \$250 <input type="checkbox"/> LCAT <input type="checkbox"/> LMFT <input type="checkbox"/> LMHC <input type="checkbox"/> LPsyan <input type="checkbox"/> LCSW	
Late Fee (if tuition received after deadline)	\$15	
<b>WEEKEND TOTAL</b>		

### CANCELLATION POLICY, FEES AND CREDIT

\$50 - 14 days in advance; \$150 - 8-13 days in advance; \$250 - up to 7 days in advance.  
No refunds after the program begins.

### CERTIFICATE OF COMPLETION: STUDENTS MUST ATTEND ALL EVENTS AND COMPLETE ALL PAPERWORK

#### Coursework and Supervision (separate from weekend intensive)

Reading Course	\$375	Block (1-9) _____	
Supervision	\$450	Unit (1-4) _____	
<b>COURSEWORK AND SUPERVISION TOTAL</b>			

### Payment Method:

AMEX     MASTERCARD     VISA     Check to: The Center for Group Studies

Credit Card # \_\_\_\_\_ Exp \_\_\_\_\_ Sec \_\_\_\_\_

Name (as it appears on card) \_\_\_\_\_ Signature \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

*Return or fax to:*

The Center for Group Studies

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## THE CENTER FOR GROUP STUDIES

*Presents:*

### WEEKEND TRAINING SERIES

#### Block 8

### Working with Unconscious Material: Dreams, Symbolic & Non-verbal Communications

**October 20 – 22, 2017**

**New York, New York**

**Process Leaders:** Gail Brown, Lucy Holmes, Janet Resnick, Elliot Zeisel

**Workshop Leaders:** Josepha Acosta, Alice Brown, Judith Charnet, Phyllis Cohen, David Dumais, Martha Gunzburg, Sally Henry, Ronnie Levine, Greg MacColl, Jan Morris, George Shapiro, Rhoda Shapiro, Mary Sussillo

#### **WORKSHOP DESCRIPTION:**

Unconscious material prevents group members from functioning with one another in a mature way. It can be both a resistance and a rich source of information. This workshop will address how the group leader helps the group members reveal the significant information hidden behind a dream or other form of non-verbal communication. This workshop will review analytic theory of dream interpretation and its application to group: symbolic and non-verbal communication and will demonstrate interventions that are unique to modern group that bring these processes into the here and now in the group interactions.

#### **WORKSHOP OBJECTIVES:**

This workshop is designed to help you:

1. List three of Freud's contributions to the analysis of dreams;
2. Analyze the differences between classical and modern use of dream material in treatment;
3. Apply Modern Group theory to decipher the emotional meaning of symbolic communications in group;
4. Utilize dream material to further the group process;
5. Demonstrate how immediacy leads to progressive emotional communication;
6. Apply modern group techniques to bring non-verbal communications into the group process
7. Describe the developmental function of eye contact in the group setting;
8. List the ways in which the leader can invite and utilize symbolic communication to further treatment goals;
9. Explain how silence in a group member can be maturational and constructive, as well as an expression of resistance.

**Skill Level and Target Audience:** All

# THE CENTER FOR GROUP STUDIES

## FACULTY CREDENTIALS

### KEY to Abbreviations:

<b>ABPP</b>	<b>American Board of Professional Psychology</b>
<b>CASAC</b>	<b>Credentialed Alcohol and Substance Abuse Counselor</b>
<b>CGP</b>	<b>Certified Group Psychotherapist (AGPA)</b>
<b>DCSW</b>	<b>Diplomate in Clinical Social Work</b>
<b>DFAGPA</b>	<b>Distinguished Fellow AGPA</b>
<b>FAGPA</b>	<b>Fellow AGPA</b>
<b>LCSW</b>	<b>Licensed Clinical Social Work</b>
<b>LMSW</b>	<b>Licensed Master Social Work</b>
<b>LP</b>	<b>Licensed Psychoanalyst</b>
<b>LPC</b>	<b>Licensed Professional Counselor</b>
<b>LMFT</b>	<b>Licensed Marriage and Family Therapist</b>
<b>PsyA</b>	<b>Certified Psychoanalyst (NAAP)</b>

Acosta, Joseph, MA, LPC, FAGPA, CGP  
Belgray, David, Ph.D., PsyA, CGP, LP (NY)  
Black, Aaron Ph.D., Licensed Psychologist (NY), CGP  
Brook, Michael, Ph.D. LP (NY), LMFT (NY), CGP  
Brown, Alice, Psy.D. Licensed Psychologist (NY), CGP  
Brown, Gail A., MA, LP (NY), CGP  
Charnet, Judith, Ph.D., Licensed Psychologist (NY), PsyA  
Cohen, Phyllis, Ph.D. LP (NY), FAGPA, CGP  
Dumais, David, LCSW, CGP  
Frankel, Susan, MSW, LCSW, CGP  
Furgeri, Lena, Ed.D, LCSW, FAGPA, CGP  
Gunzburg, Martha, MSW LCSW, LP (NY), CGP  
Hegener, Michael, MA, LCP, FAGPA, CGP  
Henry, Sally, MSW, LCSW, CGP  
Holmes, Lucy, Ph.D. MSW, LMSW, LP (NY), CGP  
Kelly, Nancy, Ph.D., LCSW, CGP  
Kirman, Jack, Ph.D. Licensed Psychologist (NYS)  
Kortlander, Myrna, MSW, LCSW, CGP  
Lanier, Liz, DCSW, MSW, LCSW, LMFT, CGP  
Levine, Ronnie, Ph.D. Licensed Psychologist (NY), ABPP, FAGPA, CGP  
Levy, Lou, MSW LCSW, CGP  
MacColl, Greg, LCSW, FAGPA, CGP  
Morrell, Katherine, Licensed Psychoanalyst LP (NY & VT)  
Morris, Janice, Ph.D., FAGPA, CGP  
Ormont, Joan, Ph.D., LP (NY)  
Resnick, Janet, Ph.D., LP (NY) LMFT (NY),  
Selenfriend, Wilma, MSW  
Shapiro, George E. Ph.D. Licensed Psychologist (NY)  
Shapiro, Rhoda, MSW, LCSW  
Sussillo, Mary, LCSW, FAGPA, CGP  
Wright, Ellen, Ph.D. Psychologist (PA), PsyA  
Zeisel, Elliot, Ph.D, LCSW, LP (NY), DFAGPA, CGP



# The Center for Group Studies

## For All Weekend Training Students Descriptions and Definitions

### **Process Group**

The Weekend Training Program, while it may be therapeutic for participants, is not designed to serve as therapy. The process group is designed as a “here and now” experience focusing on how a person functions in the immediate moment. We ask that all thoughts and feelings towards the other members be put into words. Origins of these thoughts and feelings are also explored. In this venue we are studying resistances to Oedipal level communication. We study how patterns of group form and reform themselves as the members observe both themselves and others within these group patterns. The group leader demonstrates modern group interventions which aim to resolve resistances and foster progressive emotional communication and, when appropriate, explains the underlying theory and the timing of the intervention.

### **Workshop**

The workshop focuses specifically on some aspect of the theme of the weekend using a combination of didactic presentation and experiential material. A reading is assigned for each workshop. The leader then, in whatever way he or she chooses, demonstrates the concepts from the reading through active group process. Specific questions about the theoretical material and how it relates to group leadership are welcomed.

### **Supervision**

In a supportive and collaborative environment, the organizing focus of supervision is the presentation of case material by students. Participants study induced feelings and use parallel process to facilitate the uncovering of where the unidentified resistance lay. The group helps the presenter understand how to move the treatment forward. Associations to the current weekend learning theme as well as discussion of the underlying theory for a particular intervention might be included as it relates to a better understanding of the patient or the group.

### **Training Group**

In the training group the focus is on the development of the professional ego. Interactive responses of the members in a training group are treated as induced feelings. Explorations are directed to identifying these feelings as objective countertransference reactions and then saying “the right things.” These include maturational responses, further explorations, associations and so forth. The training group is designed to help each member to help the other group members to become a better group leader.



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