



THE CENTER FOR GROUP STUDIES

107 West 82nd Street, Suite P103, New York, NY 10024

Phone: (212) 246-5055 · Fax: (212) 246-5058

Web site: www.groupcenter.org · Email: info@groupcenter.org

Under the aegis of the Board of Regents, The University of the State of New York

2024 Online Workshop Presentations February – July 2024 Earn Continuing Education Hours

February 4, 2024 What the Therapist Feels: Understanding Countertransference and Induced Feelings (OW2424) – 2.5 contact hours

Every therapist contends with feelings, both induced by the group members as well as those originating from the therapist's own past. Understanding these sources enables therapists to develop appropriate interventions. This didactic and experiential workshop will address and demonstrate appropriate techniques for dealing with countertransference feelings.

Learning Objectives - Participants will be able to:

1. Describe three reasons why it is important to identify one's own feelings.
2. Define and differentiate between induced and subjective feelings.
3. Identify three keyways the leaders can increase self-recognition and awareness of countertransference.

Date: Sunday, February 4, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Marie Sergent

Location: Online via Zoom, link to be provided.

February 25, 2024 Creating a Group Flow (OW22524) – 2.5 contact hours

Modern analytically trained group leaders use a variety of techniques to help the group become the primary agent of change, rather than the leader. A core technique is bridging. Through didactic and experiential learning, this workshop will describe and demonstrate how bridging, transient identification, and other joining techniques, are used to create and sustain a flow of connection between members that helps the group evolve.

Learning Objectives - Participants will be able to:

1. Define the technique of bridging.
2. List 3 different types of bridging.
3. Explain the concept of transient identification.

Date: Sunday, February 25, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Jan Morris

Location: Online via Zoom, link to be provided.

March 24, 2024 Cultivating Progressive Emotional Communication in Group Psychotherapy (OW32424) – 2.5 contact hours

Ormont stated that progressive emotional communication is a hallmark of effective group functioning. This includes three ingredients: members put their feelings into words, they express those feelings towards others in the group, and the process should produce new, meaningful emotional content. This didactic and experiential workshop explores the role of progressive emotional communication in group psychotherapy and describes ways it can be cultivated to benefit the group.

Learning Objectives - Participants will be able to:

1. Describe progressive emotional communication in a group psychotherapy context.
2. Highlight communications which are not emotional, nor direct or progressive.
3. List 3 group characteristics that foster progressive emotional communication.

Date: Sunday, March 24, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Wayne Ayers

Location: Online via Zoom, link to be provided.

April 21, 2024 Life in the Group: Transference and Countertransference (OW42124) – 2.5 contact hours

Transference and countertransference feelings in group provide powerful information about a member's history as it reveals itself in the immediacy of the group. Repetitions occur in group and offer opportunities for studying and understanding each member's history and unmet needs, allowing for attuned interventions that promote maturation and development. This didactic and experiential workshop will explore types of transference, countertransference, repetition, and resistance and their usefulness in group.

Learning Objectives - Participants will be able to:

1. Define transference and countertransference.
2. Name the difference between subjective and objective countertransference.
3. Name how transference and countertransference are useful in group.

Date: Sunday, April 21, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Ellen Wright

Location: Online via Zoom, link to be provided.

May 19, 2024 The Power of Immediacy: Working in the 'here and now' (OW51924) – 2.5 contact hours

Groups that are primarily focused on interpersonal relationships as they present in the here-and-now are vital and exciting and offer opportunities for progressive communication. At the same time, group members often construct obstacles to connecting with each other in-the-moment. Through didactic and experiential learning, this workshop addresses ways to bridge people and to resolve blocks to emotional immediacy.

Learning Objectives - Participants will be able to:

1. Define the concept of bridging and its relationship to immediacy.
2. Name three ways group members divert from being 'in the present.'
3. Identify three techniques the leader can use to resolve blocks to immediacy.

Date: Sunday, May 19, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Martha Gunzburg

Location: Online via Zoom, link to be provided.

June 2 and 9, 2024 Group Consultation Series (OW6224) – 5 contact hours. Students must attend both sessions to receive a certificate of completion.

This two-session consultation workshop primarily focuses on working with groups. The phenomena of parallel process and the use of induced feelings are examined. Additionally, the workshop recognizes the roles of transference and resistance as well as countertransference feelings that arise in the therapist during the group. Participants are invited to present cases of their choosing. Case examples of diversity and inclusion are encouraged and will be viewed through that lens. This series is open to those working in all settings including private practice, agencies, education, organizations, etc. It is open to those with diverse theoretical frameworks and is based, in part, on the premise that a working knowledge and foundation of psychodynamic principles and modern group techniques are applicable to all groups– long-term, short-term, themed and others. Attention will be given to issues around technology and working online.

Learning Objectives - Participants will be able to:

1. Define induced feelings.
2. Identify transference reactions in group.
3. Formulate interventions to address resistance.

Date: Sunday, June 2 and 9, 2024

Time: 4:00 – 6:30 p.m. EST

Instructor: Lucy Holmes

Location: Online via Zoom, link to be provided.

Continuing Education

Creative Arts Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-0002. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Marriage and Family Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0004. Each Weekend offers 15.75 CE hours Virtual; 17 CE hours In-Person. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Mental Health Counselors: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0005. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of The Rochester Academy of Medicine and The Center for Group Studies (CGS). The Rochester Academy of Medicine is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The Rochester Academy of Medicine designates this single live activity for a maximum of 17.5 AMA PRA Category 1 Credit(s)TM and 17.5 MOC (Maintenance of Certification) points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Psychoanalysts: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0003. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Psychologists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0021. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

Non NYS Psychologists: can receive CE hours from the RAOM (See physicians above).

Social Workers: The Center for Group Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0121. Each Weekend offers 15.75 CE contact hours Virtual / In-Person. Each In Person / Online Workshop offers 2.5 contact hours.

In order to receive a certificate of completion, participants must complete the entire workshop and complete all paperwork.

Partial credit is not offered.



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ONLINE 2024 WORKSHOPS REGISTRATION FORM

REGISTER EARLY – SPACE IS LIMITED

Name (please print): _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Preferred Phone: Home ☐ Work ☐ Cell ☐ _____

Secondary Phone: Home ☐ Work ☐ Cell ☐ _____ Email _____

Professional Discipline: ☐ LCAT ☐ LCSW ☐ LMFT ☐ LMHC ☐ LPsyan ☐ MD ☐ Psychologist ☐ Other _____

License # _____ State _____ License # _____ State _____ ☐ CE requested

TUITION: Tuition per workshop \$ 100 New Student ☐

Course #	Course Name	Instructor	Fee
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$

Your donation of any amount is always appreciated ☐ Amount \$ _____

Registration and materials fee	\$ 10
Total Fees Enclosed	\$

Full refunds are available up to seven days before the workshop begins. Refunds are not available after classes start. In the event the Center cancels a class, students may request a full refund.

Payment Method: **Payment is expected AFTER we confirm your registration**

☐ AMEX ☐ MASTERCARD ☐ VISA ☐ Check to: The Center for Group Studies

You may also pay via ☐ PAYPAL or ☐ ZELLE using our email address info@groupcenter.org

Credit Card # _____ Exp. _____ Sec. _____

Name (as it appears on card) _____ Signature _____

How did you hear about us? _____ Work setting (agency, school, etc.) _____

Return to info@groupcenter.org or fax to 212-246-5058