



THE CENTER FOR GROUP STUDIES

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Under the aegis of the Board of Regents, The University of the State of New York

WEEKEND TRAINING PROGRAM 2023–2024

The Center for Group Studies offers a Weekend Training Program as an alternative or addition to our on-going Training Program. It began in 1990 as an offsite pilot project in group training to students from all over the world outside of New York City. The weekend program was founded and designed under the co-leadership of Dr. Alice Brown and Dr. Lena Furgeri and has expanded to include local New York students.

This program provides training in modern group process: an integration of traditional methods and modern techniques developed by Dr. Louis Ormont, a licensed psychologist with over 40 years of experience leading groups. Our approach is psychodynamic and interactive with particular emphasis on interventions for difficult and pre-oedipal personalities.

PROGRAM OF STUDY

The three-year Training Program, culminating in a Certificate of Completion and Graduation, consists of the following:

1. Training Weekends

We offer three training weekends each year and a total of nine weekends are required to meet the criteria for Certification. Each weekend consists of psychodynamic process groups (experiential and didactic learning), lectures and/or workshops, a supervision group, and a training group.

2. Coursework/Reading *

The curriculum consists of nine blocks of readings and combines a guided and monitored reading program alongside the experiential Training Weekend component. Each student is assigned a faculty advisor to work with either in person or remotely. A faculty advisor is assigned to each student for a three-block segment, approximately one year. Each student keeps an ongoing log of their reactions to the readings and other experiences, to which the student's faculty advisor responds.

3. Supervision

Four supervision segments are required, which take place after the completion of reading blocks 1 through 3. Each segment consists of six one-hour sessions with an assigned supervisor.

4. Personal Group Experience (encouraged)

The personal development that comes from immersion in the modern analytic model is essential to successful modern group leadership. As such, students are strongly encouraged to participate in their own ongoing modern analytic treatment, therapy, or process group.

* There are nine blocks of readings, each of which consists of sixteen readings and may be completed in eight weeks or more:

Block 1– The Essence of Modern Group Process

Block 2– Forming a Group

Block 3– Introduction to Group Resistances

Block 4– Transference/Countertransference in Group

Block 5– Technical and Special Issues in Group Psychotherapy


Block 6– Working with Pre-oedipal Patients in Group

Block 7– Specialized Topics in Countertransference

Block 8– Dreams, Symbolic, and Non-verbal Communication

Block 9– Resolving Transference Resistances and Termination Issues

2023–2024 TRAINING WEEKENDS

| | | | |
|---|--|---|--|
|  | October 20–22, 2023 Block 8 Dreams, Symbolic, and Non-verbal Communication | January 19–21, 2024 Block 9 Resolving Transference Resistances and Termination Issues | May 3–5, 2024 Block 1 The Essence of Modern Group Process |
| FORMAT | In-Person & Online | In-Person & Online | In-Person & Online |
| PROCESS GROUP | Aaron Black, Alice Brown, Gail Brown, Jeanne Bunker, David Dumais, | Aaron Black, Alice Brown, Gail Brown, Jeanne Bunker, Jan Morris | David Dumais, Ronnie Levine, Jan Morris, Marie Sergent, Ellen Wright |
| FRIDAY WORKSHOP | Wayne Ayers, Rita Drapkin, Jordan Price | David Dumais, Jordan Price, Ginger Sullivan | Aaron Black, Lucy Holmes, Ginger Sullivan |
| SATURDAY WORKSHOP | Joan Coll, Jordan Price, Gil Spielberg | Joseph Acosta, Jordan Price, Ginger Sullivan | Joseph Acosta, Aaron Black, Ginger Sullivan |
| SUPERVISION | Martha Gunzburg, Lucy Holmes, Jan Morris, Gil Spielberg, Elliot Zeisel | David Dumais, Ronnie Levine, Rhoda Shapiro, Mary Sussillo, Ellen Wright | Alice Brown, Gail Brown, Lucy Holmes, Ginger Sullivan, Elliot Zeisel |
| TRAINING GROUP | Lucy Holmes, Ronnie Levine, Jan Morris | Martha Gunzburg, Jordan Price, Ellen Wright, | Aaron Black, Martha Gunzburg, Elliot Zeisel |

LOCATION

In-person events take place at the Michelangelo Hotel located at 152 W 51 Street, New York; Online events take place via Zoom.

IN-PERSON SCHEDULE

| | |
|-----------------|-----------------------------|
| Friday | |
| 3:00–3:45pm | Welcome Meeting* |
| 4:00–5:45pm | Psychodynamic Process Group |
| 5:45–6:00pm | Break |
| 6:00–7:45pm | Workshop |
| Saturday | |
| 10:00–11:45am | Psychodynamic Process Group |
| 11:45–12:00pm | Break |
| 12:00–1:45pm | Workshop |
| 1:45–3:00pm | Meal Break |
| 3:00–4:45pm | Psychodynamic Process Group |
| 4:45–5:00pm | Break |
| 5:00–6:45pm | Supervision |
| Sunday | |
| 9:00–10:45am | Psychodynamic Process Group |
| 10:45–11:00am | Break |
| 11:00–12:45pm | Training Group |
| 12:45–1:45pm | Brunch |
| 1:45–2:45pm | Student-Faculty Meeting* |
| 2:45–2:50pm | Mini Break |
| 2:50–4:35pm | Psychodynamic Process Group |

ONLINE SCHEDULE

| | |
|-----------------|-----------------------------|
| Friday | |
| 3:00–3:45pm | Welcome Meeting* |
| 4:00–5:45pm | Psychodynamic Process Group |
| 5:45–6:00pm | Break |
| 6:00–7:45pm | Workshop |
| Saturday | |
| 10:00–11:45am | Psychodynamic Process Group |
| 11:45–12:00pm | Break |
| 12:00–1:45pm | Workshop |
| 1:45–3:00pm | Meal Break |
| 3:00–4:45pm | Psychodynamic Process Group |
| 4:45–5:00pm | Break |
| 5:00–6:45pm | Supervision |
| Sunday | |
| 10:00–11:45am | Psychodynamic Process Group |
| 11:45–12:00pm | Break |
| 12:00–1:45pm | Training Group |
| 1:45–2:45pm | Student-Faculty Meeting* |
| 2:45–3:45pm | Meal Break |
| 3:45–5:30pm | Psychodynamic Process Group |

Notes

- ⇒ All times listed in Eastern Time Zone
- ⇒ The Center for Group Studies reserves the right to add, change or otherwise amend the schedule or faculty without notice
- ⇒ *The Welcome Meeting and Student Faculty Meeting will occur as simultaneous, hybrid meetings

CONTINUING EDUCATION

The Center for Group Studies is approved to offer continuing education hours (nationally for physicians and locally for most mental health professionals). Please navigate to the Continuing Education page on our website to learn more.



FACULTY & CREDENTIALS

Joseph Acosta, MA, LPC, CGP, AGPA-F
Wayne Ayers, Ph.D., Licensed Psychologist
Aaron Black, Ph.D., Licensed Psychologist, CGP, AGPA-F
Michael Brook, Ph.D., LP, LMFT, CGP
Alice Brown, Psy.D., Licensed Psychologist, CGP
Gail A. Brown, MA, LP, CGP
Jeanne L. Bunker, LCSW, CGP
Judith Charnet, Ph.D., Licensed Psychologist, NCPsyA
Phyllis Cohen, Ph.D., LP, CGP, AGPA-F
Joan Coll, M.D., CP, CGA
Hilary C. Curtis, Psy.D., LMHC, CGP
David Dumais, MSW, LCSW, CGP
Susan Frankel, MSW, LCSW, CGP
Martha Gunzburg, MSW, LCSW, LP, CGP
Michael Hegener, MA, LCP, CGP, AGPA-F
Lucy Holmes, Ph.D., MSW, LMSW, LP, CGP
Nancy Kelly, Ph.D., LCSW, CGP
Jack Kirman, Ph.D., Licensed Psychologist
Elizabeth Lanier, DCSW, MSW, LCSW, LMFT, CGP
Ronnie Levine, Ph.D., Licensed Psychologist, ABPP, CGP, AGPA-F
Janice Morris, Ph.D., Licensed Psychologist, CGP, AGPA-F
Jordan Price, MSW, LCSW, CGP
Janet Resnick, Ph.D., LP, LMFT, CFAAMFT
Wilma Selenfriend, MSW
Marie T. Sergent, Ph.D., Licensed Psychologist, CGP, AGPA-F
George E. Shapiro, Ph.D., Licensed Psychologist
Rhoda Shapiro, MSW, LCSW, CGP
Gil Spielberg, Ph.D., Licensed Psychologist, ABPP
Ginger Sullivan, MA, LPC, CGP, AGPA-F
Mary Sussillo, MSW, LCSW, CGP, AGPA-F
Ellen Wright, Ph.D., Licensed Psychologist, NCPsyA
Elliot Zeisel, Ph.D., LCSW, LP, CGP, AGPA-DF

Key to Abbreviations:

| | | | |
|---------|--|--------|---|
| ABPP | American Board of Professional Psychology | IGA | Institute of Group Analysis |
| AGPA | American Group Psychotherapy Association | LCSW | License in Clinical Social Work |
| AGPA-DF | AGPA-Distinguished Fellow | LMSW | Licensed Master of Social Work |
| AGPA-F | AGPA-Fellow | LP | Licensed Psychoanalyst |
| CFAAMFT | Clinical Fellow American Association of MFTs | LPC | Licensed Professional Counselor |
| CGA | Certified Group Analyst (IGA) | LMFT | Licensed Marriage and Family Therapist |
| CGP | Certified Group Psychotherapist (AGPA) | MFT | Marriage and Family Therapist |
| CP | Certified Psychotherapist (FEAP) | MSSW | Master of Science in Social Work |
| DCSW | Diplomate in Clinical Social Work | MSW | Master of Social Work |
| FEAP | European Association for Psychotherapy | NCPsyA | Nationally Certified Psychoanalyst (NAAP) |



WEEKEND TRAINING PROGRAM 2023–2024 REGISTRATION

Click [here](#) to register online or complete and return the registration form below to the address above.

The Center strives for diversity, equity, and inclusion. We seek a rich range of students who work in social service, educational, organizational, and private practice settings. Tuition assistance for the Weekend Training Program is available.

Name (please print): _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Cell Phone: _____ Alt. Phone: _____ Email: _____

Prof. Discipline and/or Degree _____ Work Setting _____ New Student

License # _____ State _____ Discipline _____

License # _____ State _____ Discipline _____

How did you hear about us? _____

| Training Weekends | Tuition (includes all weekend events) | Amount |
|--|--|-----------|
| Block 8: October 20–22, 2023 | \$750 I plan to attend (check one) <input type="checkbox"/> In person or <input type="checkbox"/> Online | \$ |
| Block 9: January 19–21, 2024 | \$750 I plan to attend (check one) <input type="checkbox"/> In person or <input type="checkbox"/> Online | \$ |
| Block 1: May 3–5, 2024 | \$750 I plan to attend (check one) <input type="checkbox"/> In person or <input type="checkbox"/> Online | \$ |
| Registration Fee | \$50 each weekend \$50 for all three when paid in advance | \$ |
| Late Fee | \$15 (Applies if tuition received after registration deadline) | \$ |
| Certificate of CME and MOCs for Physicians | \$250 per certificate upon successful completion | \$ |
| Certificate of Completion for NYS licenses | \$0 (Check all) <input type="checkbox"/> LCAT <input type="checkbox"/> LMFT <input type="checkbox"/> LMHC <input type="checkbox"/> LP <input type="checkbox"/> PSY <input type="checkbox"/> LCSW | \$ |
| CGS Certificate of Completion | \$0 applies to out-of-state mental health licenses and all other professions | \$ |
| Coursework and Supervision Programs (Separate from Training Weekends) | | n/a |
| Coursework/Reading | Indicate Block (1-9) _____ | \$375 |
| Supervision | Indicate Unit (1-4) _____ | \$450 |
| Charitable Donations of any amount are appreciated and help fund tuition assistance | | \$ |
| Total | | \$ |

REGISTRATION DEADLINES

October Weekend - September 20, 2023 | January Weekend - December 20, 2023 | May Weekend - April 4, 2024

CANCELLATION POLICY & FEES

14 days in advance (\$50); 8-13 days in advance (\$150); Up to 7 days in advance (\$250); No refunds after the program begins

CERTIFICATE OF COMPLETION

Students must attend all events and complete all required paperwork to receive a certificate of completion for any program.

ACCEPTED PAYMENT METHODS

Check: Made out to “The Center for Group Studies”

Online: PayPal or Zelle using our email address info@groupcenter.org

Credit Card #: _____ Exp: _____ Sec: _____ Amex | Mastercard | Visa

Name (as it appears): _____ Signature: _____

